

FREE WHEEL BODY KIT FOR CROSSRIDE® AND COSMOS® WHEELS.

TOOLS NEEDED

- 1 x 12 mm Allen wrench.
- 1 x 5 mm Allen wrench.
- 1 x 16 mm flat wrench.
- 1 hub wrench M40123.
- Bearing pullers M40373.

- 1 Disassemble the axle kit (see page 12).
- 2 Remove the bearing from the hub body with the bearing pullers.
- 3 Loosen the attachment nut from the free wheel body with the 12 mm Allen wrench.
- 4 Change the free wheel body after cleaning the body, tighten the attachment nut with the 12 mm Allen wrench..
Torque : 45 - 60 Nm.
- 5 Install or replace (if necessary) the bearing with the bearing tool.
- 6 Install the axle kit (see page 12).
- 7 Adjust the bearing free play (install the wheel to the frame and put the bike down on the floor) : the adjuster nut contacts the external side of the bearing with the hub wrench M40123.

Repeat this operation if the adjustment doesn't seem to be optimum.

